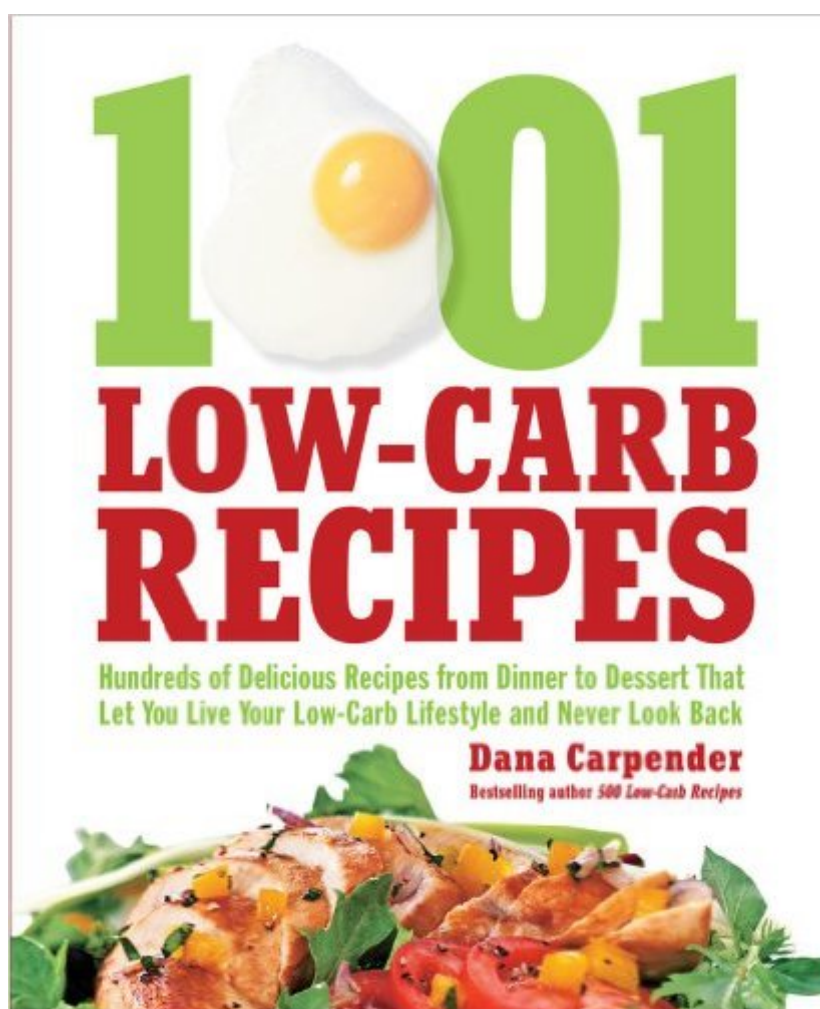


The book was found

1,001 Low-Carb Recipes: Hundreds Of Delicious Recipes From Dinner To Dessert That Let You Live Your Low-Carb Lifestyle And Never Look Back



Synopsis

This tasty collection draws on the best 1,001 recipes from Dana Carpender's™ bestselling books including 500 Low-Carb Recipes, 15-Minute Low-Carb Recipes, 500 More Low-Carb Recipes, 200 Low-Carb Slow Cooker Recipes, The Low-Carb Barbeque Book, and Low-Carb Smoothies. You'll find delicious and varied options including recipes for "high-carb" foods you thought you had to give up forever such as Cinnamon Raisin Bread and Mocha Chocolate Cheesecake. Staying the low-carb course will be easy with choices from barbecue to slow-cooker to internationally-inspired dishes.

Book Information

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Average Customer Review: 4.2 out of 5 stars See all reviews (269 customer reviews)

Best Sellers Rank: #39,411 in Books (See Top 100 in Books) #85 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Low Carb #126 in Books > Cookbooks, Food & Wine > Special Diet > Low Carbohydrate #174 in Books > Cookbooks, Food & Wine > Special Diet > Weight Loss

Customer Reviews

I was pleased to see Dana Carpender had a "new" book but less than pleased to discover it is a compilation of recipes from her previous low-carb books--not a single new recipe in it. Now, she apparently chose the "best" from her previous books--and I am fine with that--but this should have been noted on the cover. Unfortunately, despite the fact that Dana is an absolute genius at creating delicious low-carb recipes that pass as the "real thing" (her chocolate chip cookie recipe and German Chocolate Pie comes to mind; both are unbelievably wonderful) she is notorious (at least in my opinion as a former editor) for the typos in her books. On her website she does have a list of corrections for previous books but . . . and this is the thing I absolutely cannot understand, why didn't she make those corrections before publishing this one? Because this level of low-carb cooking requires some very expensive ingredients (nut flours, etc.) it's not a happy experience to be led

down a wrong path that results in having to throw out something that doesn't work because the recipe called for the wrong amount of something or left out a critical bit of instruction. Nevertheless, as I browsed the pages of this title, I encountered some of the exact same typos that had bugged me in the previous ones. And . . . when you see all the mistakes it raises another little worry: Could her carb counts be off? I haven't tested any for myself, but if recipes don't get proofread much, how about nutritional information? Another quibble: She sometimes recommends products that later go off the market. Okay, that could happen to anyone writing a cookbook as you cannot guarantee the continuation of any specialty product.

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